

WFSD High School Lunch Program

June 2022



01

Chicken Tenders
Steamed Carrots
Turkey & Cheese Sandwich
**Please note the additional Daily items

02

Baked Chicken
Steamed Green Beans
Turkey & Cheese Sandwich
**Please note the additional Daily items

03

Hamburger/Cheeseburger
Sweet Corn Kernel
Ham & Cheese Sandwich
**Please note the additional Daily items

06

Ham & Cheese Melt
Steamed Cauliflower
Turkey & Cheese Sandwich
**Please note the additional Daily items

07

French Toast with Chicken Sausage Patties
Black Beans
Ham & Cheese Sandwich
**Please note the additional Daily items

08

Pizza Crunchers
Vegetarian Baked Beans
Turkey & Cheese Sandwich
**Please note the additional Daily items

09

Marinated Chicken
Steamed Carrots
Turkey & Cheese Sandwich
**Please note the additional Daily items

10

Chicken Cheese Wrap
Steamed Cauliflower
Turkey & Cheese Sandwich
**Please note the additional Daily items

13

Mozzarella Sticks with Marinara Sauce
Steamed Green Beans
Turkey & Cheese Sandwich
**Please note the additional Daily items

14

French Toast with Chicken Sausage Patties
Black Beans
Ham & Cheese Sandwich
**Please note the additional Daily items

15

NYS Regents Examinations

½ Day of School

Limited lunch service

Bagged lunches available upon advance request

16

17

**Juneteenth
Day**

School Closed

21

NYS Regents Examinations

½ Day of School

Limited lunch service

Bagged lunches available upon advance request

22

23

Last Day of School

½ Day

No Lunch Service



Summer is coming soon, and just as learning does not end when school lets out, neither does a child's need for good nutrition. Hunger is one of the most severe roadblocks to the learning process. Lack of nutrition during the summer months may set up a cycle for poor performance once school begins again. The good news is that the U.S. Department of Agriculture is partnering with organizations in our area to provide free meals through the Summer Food Service Program (SFSP). This program provides free, nutritious meals and snacks to eligible families, to help children get the nutrition they need to learn, play, and grow throughout the summer months. For site contact information and times of service please call 1-800-522-5006 or the National Hunger Hotline at 1-866-3Hungry (1-866-348-6479) or text "FOOD" or "COMIDA" to 877-877. We wish you and your family a safe and happy summer and look forward to seeing you in September.

Assorted snack items are offered daily that fit within the new Federal "Smart Snack" guidelines!

Grades K-12 are "Offer vs. Served" and must choose at least 3 of the 5 options below;

--Meat/Meat Alternate—Whole Grain Item—Fruit Choice—
Vegetable Choice—Milk Choice

**One of the choices MUST be a fruit or vegetable! **

Items with a (P) may contain pork – Adult Lunch \$5.02

Available Daily:

WG Bagel & RF String Cheese, LF Yogurt Parfait, Salads,
Choice of Sun Butter/Peanut Butter & Jelly
Apples, Oranges, Fruit Cups, Orange Juice, Apple Juice,
Fruit Punch, Carrot Sticks, Celery Sticks, Cucumbers and
Rotating Hot Vegetables
1% White Milk, Fat Free and Fat Free Chocolate Milk

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Menus are subject to change without notice